

# Twelve River RIPPLES



## Bagatelle

I often think that in these days of cynicism and disillusionment, we have forgotten the art of blessing. Blessings may seem like many things to many people, but really it all boils down to a simple wish for wellness and love. In all the world religions there are wishes and prayers for the wellbeing and

happiness of ourselves and people around us, whether we know them or not. Just having this wish can soften us, create more generosity in our minds and help us to feel happier in our own skins. Here are the lyrics to a song by John Martyn that I think is a very lovely blessing.

### May You Never

May you never lay your head down without a hand to hold  
May you never make your bed out in the cold

You're just like a great strong brother of mine and you know that I love you true  
You never talk dirty behind my back and I know there are those that do  
Won't you please? Won't you please? Won't you bear in mind?  
Love is a lesson to learn in our time  
Won't you please? Won't you please? Won't you bear it in mind for me?

May you never lay your head down without a hand to hold  
May you never make your bed out in the cold

And you're just like a good close sister me and you know that I love you true  
You hold no blade to stab me in my back and I know that there's some that do  
Won't you please? Won't you please? Won't you bear in mind?  
Love is a lesson to learn in our time  
Won't you please? Won't you please? Won't you bear it in mind for me?

May you never lose your temper if you get hit in a bar room fight  
May you never lose your woman overnight

May you never lay your head down without a hand to hold  
May you never make your bed out in the cold

May you never lose your temper if you get hit in a bar room fight  
May you never lose your woman overnight  
May you never lose your woman overnight  
May you never lose your woman overnight

See a very early performance of this song by going to [\(174\) John Martyn - May You Never - YouTube](#)

A bit rough around the edges, but that's John Martyn for you! Now it's your turn! Write your own blessing, your own wish for anyone, everyone or

everything, and put it out into the universe via Ripples! Write as many as you want and send them to me by 30 September.

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